

## Schedule

<i>Issue</i>	<i>Publication Date</i>	<i>Ad Deadline</i>
1	March 2025	Mid-January 2025
2	July 2025	Mid-May 2025
3	November 2025	Mid-September 2025

## Contact

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## Display

Half-page print advert (greyscale)	£80.00
Full-page print advert (greyscale)	£120.00
Full-page print advert (inside front cover; colour)	£160.00
Full-page print advert (inside back cover; colour)	£140.00

## Format (H × W)

### *Full Page*

256 × 182 mm: **incl. bleed**

250 × 176 mm: **trim**

234 × 160 mm: **type area**

### *Half Page*

131 × 182 mm: **incl. bleed**

125 × 176 mm: **trim**

109 × 160 mm: **type area**

## Artwork

1. Final adverts should be supplied via email as a print-ready PDF
2. Full-page adverts require a 3mm bleed
3. Fonts must be embedded within the PDF
4. Text/image should be positioned within a 8mm margin from the trim size
5. All submitted adverts should be in CMYK and images 300 DPI resolution
6. Please remove pantone and RGB colours
7. 6. Black text must be K 100% or grey